



CATÁLOGO 2023  
COD 052023

# SURROUND YOURSELF IN WELLNESS®

With over 80,000 satisfied customers our infrared saunas are recommended by health professionals worldwide because they are the safest and most effective saunas for healing the human body.

At Clearlight Infrared™ makers of Jacuzzi® saunas we manufacture sauna models in different sizes to accommodate from one to five people. We also produce saunas for outdoor use and custom saunas for home or business. Experience the same quality and features used by professional athletes and health experts worldwide. Since 1996, we have worked diligently to perfect our sauna technology to provide a sauna for everyone's health and wellness needs.



# WHY CHOOSE JACUZZI® SAUNAS



Patented True Wave™ infrared heater technology



The most effective full spectrum heaters  
on the market



Heaters placed at 360° around the body  
to maximize healing



Patented low EMF and ELF technologies



Non-toxic materials used in construction



100% non-toxic materials



Lifetime warranty on residential saunas



Designed for easy assembly

# JACUZZI® INFRARED SAUNA FEATURES

## Our patented technologies make all the difference

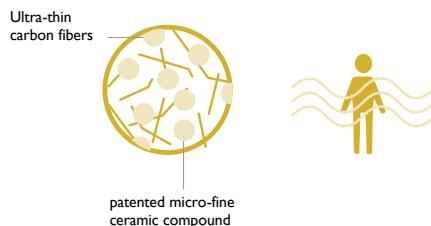


Our True Wave™ heater technology is unique.

To make the ultimate infrared sauna we pioneered the use of microscopic ceramic particles in our heater design. When these proprietary ceramic particles are blended with the carbon fibers in our flat panel heaters, the output is measurably stronger and more penetrating than heaters made using carbon fibers alone. You can literally feel the difference on your skin and in your muscles. It's that apparent.

### What makes a high quality infrared wavelength

The key thing to remember is that it is not the cabin temperature that provides health benefits. It is the infrared wavelengths and how much they pass into the body. With our True Wave™ far infrared heaters, the body readily absorbs healthy infrared deep into the tissue at wavelengths between 7-14 microns. This is very close to the resonant frequency of a water molecule. This similarity makes sense since our bodies are almost 70% water. Our far infrared heaters mostly produce wavelengths between 9-10 microns, allowing for performance within the vital range, which means maximum absorption.



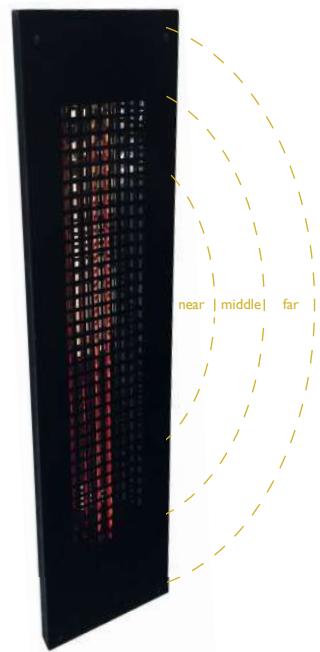
### Why our carbon/ceramic flat panel infrared emitters are the safest and most effective

Over the years as we worked to develop and refine our patented flat panel infrared emitters we always employ the same question: "Will this design change help to make our heaters safer and/or help to heal the body in a better way". If a new idea does not meet this test it is abandoned. Proceeding with this goal over decades, we developed a rationale for healing the human body in an infrared sauna. We noticed that most other infrared sauna companies seemed more concerned with spending the least amount of money as possible. This is short-sighted thinking we believe. Our desire has always been to heal people which brings rewards and also builds a better brand. The results of our sauna rationale are outlined in the following paragraphs.



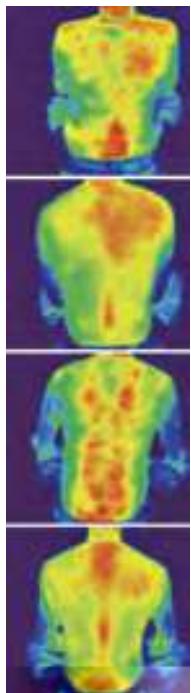
### The most powerful full spectrum heaters on the market

All Jacuzzi® Sanctuary sauna models include our True Wave™ Full Spectrum infrared heater technology. These heaters take advantage of the entire infrared spectrum to maximize the infrared healing experience. These high output infrared heaters produce near, mid and far infrared. Every Jacuzzi® Sanctuary sauna™ model has 1,000 watts of full spectrum infrared. That's 20 times the power of our closest competitor.

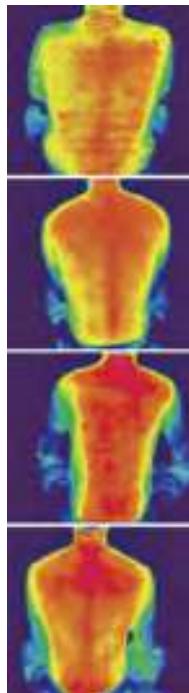


## Infrared heat to surround your entire body

We design our saunas with heaters placed in the front, back and the sides, as well as underneath the bench, under the floor, and by the calves. Our sauna heaters surround you to heat your body from all directions. This helps to detoxify the entire body, heat your core and relax and soothe all your muscles. No other sauna made in the world is designed in this way.



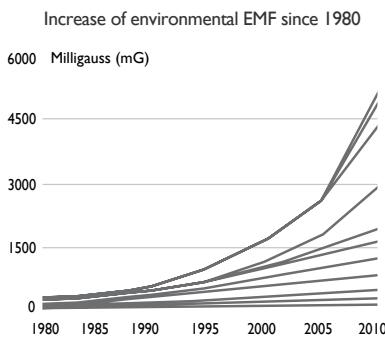
Other infrared heaters



Our True Wave™  
infrared heaters

## Zero EMF and low ELF technology

Jacuzzi® infrared saunas are the only infrared saunas that cancel out both EMF (Electromagnetic Fields measured in milligauss) and ELF (Electric Fields measured in Volts/meter) using our patented design. This assures that you will experience a safe sauna session. Our founder, Dr. Raleigh Duncan, is a certified EMF specialist and the foremost pioneer in EMF sauna technology.



## Energy Efficient and Cost Effective

Our saunas are amongst the most energy and cost efficient on the market. They are designed to run off the most common electrical configurations. Typically, our infrared saunas are surprisingly cost effective, virtually maintenance free and come with a lifetime warranty.

## Non-toxic materials

All of our saunas use only non-toxic, water-based glues and varnishes and we use eco certified beautiful solid cedar or basswood in both the exterior and interior of your sauna. We routinely perform third party VOC testing to assure your safety.



## Lifetime warranty

Your Jacuzzi® infrared sauna is built to last a lifetime. To ensure this, we design and manufacture every sauna under strict ISO 9001 guidelines. Every sauna is set up and operated under full power for a prescribed period of time while we perform our 142 point quality control testing. Our limited lifetime warranty covers the cabin, heaters, electronic controls and even the sound system.

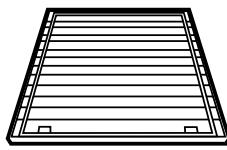


## Designed for easy assembly

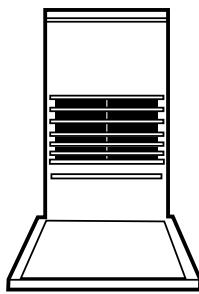
It should take two adults no more than two hours to complete the assembly of a Jacuzzi® sauna after the panels are out of the boxes and carried to the location of assembly. Our saunas use a simple panel construction, allowing each panel to easily lock together with our unique metal locking system. If you ever need to move your sauna, just take it apart in the same way. All electrical connections are pre-wired with easy plug-in connectors.

## 5 STEPS TO YOUR INFRARED SAUNA

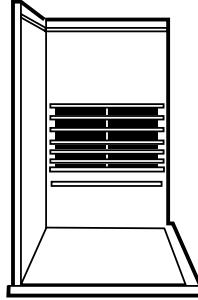
 Assembly time: 60-120 minutes (depending on sauna model)



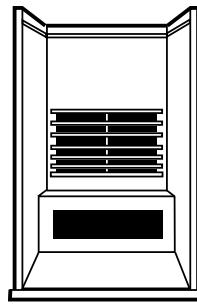
Floor panel:  
approx. 15 min



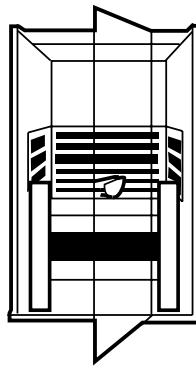
Back panel:  
approx. 15 min



Side walls:  
approx. 15 min



Bench:  
approx. 15 min



Door and roof:  
approx. 15 – 30 min





# INFRARED

How does infrared work – and what is infrared radiant heat



You are outside on a warm sunny day and then a cloud covers the sun and it is suddenly cooler. The cloud is blocking the natural infrared that was keeping you warm. Next to you is a brick building and you immediately feel this soothing heat coming from the brick that had been previously warmed by the sun. That warmth from the brick is infrared heat and very similar to the heat coming from our heaters in the sauna, only less intense.

Far infrared heat produced by our saunas is totally safe. We actually emit far infrared from our bodies! All of the infrared wavelengths produced by our heaters are found in nature and do not contain any of the shorter wavelengths such as UV, radio waves or microwaves, just natural healing infrared heat. Infrared heat is so safe it is routinely used in hospitals to keep newborn babies warm.

Infrared therapy is integrated by many healthcare professionals to treat a variety of ailments and is recommended by the Mayo Clinic and Cleveland Clinic. Infrared therapy increases core body temperature, boosts the immune system, cardiovascular system, circulatory and lymphatic systems. Used as an anti-aging tool, Infrared saunas increase longevity while optimizing health and wellness.



Optimal wavelengths with  
optimal intensity

# INFRARED THERAPY

Infrared heat penetrates your body and raises your core body temperature to induce healing

We offer Far Infrared and Full spectrum infrared saunas. "Full Spectrum" refers to the entire infrared spectrum: near, mid and far infrared. With the addition of near and mid infrared, you will get the maximum benefit from your Jacuzzi® sauna.

**NEAR INFRARED** penetrates the deepest into the soft tissue to the core, near infrared is the shortest wavelength and is not absorbed by water. It is also associated with photobiomodulation which increases the energy (ATP) in the mitochondria of our cells.

**MID INFRARED** is a longer wavelength that penetrates into the body's soft tissue increasing circulation and releasing oxygen to reach injured areas. It is helpful in relieving muscular pain and wound healing.

**FAR INFRARED** is the longest wavelength and closest to the wavelengths given off by the human body. It penetrates the cells of the body allowing water molecules to vibrate by the phenomenon called "resonant frequency". This vibration helps toxicants to mobilize from within the cells so that your body can expel them through sweating and the other organs of elimination which process toxicants through the liver. Far infrared increases metabolism which can aid in weight-loss, boost the immune system and reduce stress.

## WHY IS INFRARED HEAT BETTER THAN TRADITIONAL SAUNAS

Traditional saunas raise the temperature of the air within the cabin to warm the body. When you are sitting in a traditional sauna, you are sitting in a hot room of 70°C - 105°C (158° - 220°F), which can be very uncomfortable. Some people have difficulty breathing in the extremely hot environment of a traditional sauna.

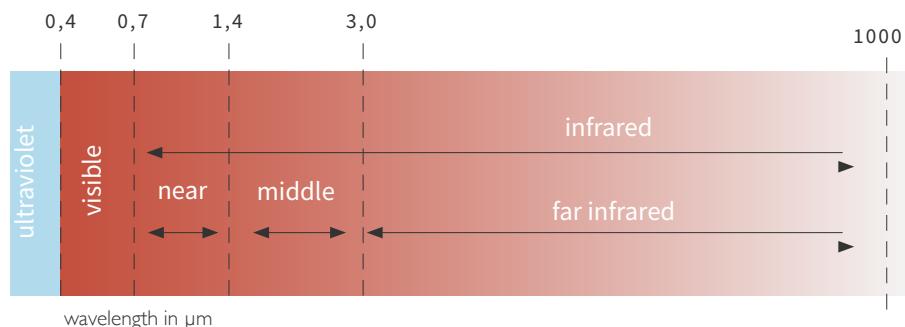
Far infrared saunas work by heating the body directly while the air temperature remains comfortable to breathe. Our Jacuzzi® sauna heaters employ approximately 20% of the electrical energy to heat the air while 80% of the energy is used to deeply heat and warm the body.

The radiant infrared heat penetrates deep into the soft tissue relaxing muscles and removing pain. The effect of infrared has been shown to improve the cardiovascular, immune and lymphatic systems.

Infrared saunas allow the body to receive many health benefits without having to endure the extreme heat of the traditional steam sauna. Infrared sauna are more comfortable and energy efficient. The warm up time for an infrared sauna is only fifteen to twenty minutes while traditional saunas take an hour or more to heat up.

The temperature inside our infrared saunas is adjustable, with a comfortable range from 30°C to 60°C (90° - 140°F). You will sweat faster and be able to stay longer in an infrared sauna. Infrared saunas leave most people feeling invigorated, not depleted from the high heat of a traditional. This is not just an infrared sauna, it is infrared therapy.

## Overview: infrared spectrum







# A PART OF A HEALTHY LIFESTYLE

Creating a healthy lifestyle consists of many things. One smart option is time well spent in an infrared sauna. Since your Jacuzzi® infrared sauna is completely safe, it can be used as often as you like without any harmful effects.



Western medicine is very good at alleviating symptoms and treating ailments. Healing, however, is much different than “curing”. Infrared saunas can help by detoxifying the body, reducing stress, weight loss and improving cardiovascular health to help you stay well. Jacuzzi® saunas can help renew your healthy glow and restore your natural energy. Your health is our greatest wealth!

# BENEFITS OF INFRARED THERAPY



## Improve the appearance of skin and cellulite

Infrared saunas can help to heal acne and reduce the signs of aging and wrinkles. Your skin will take on a softer feel with greater elasticity and firmness. The vasodilation that occurs a few minutes after the start of your Jacuzzi® sauna session will increase blood circulation and draw nutrients to the surface while expelling toxins.



## Reduce stress and fatigue

Regular use of infrared saunas has been shown to reduce stress as the soothing heat engages the parasympathetic response of the body's autonomic nervous system. Time in the sauna can be a quiet time to be alone and truly relax and renew.



## Ease muscle pain, arthritis, joint pain and stiffness

Jacuzzi® infrared saunas are a great remedy for easing fatigue to muscles and joints after exercise or a long day at work. The warmth will also help to ease joints, reducing inflammation and stiffness, allowing for a relaxing recovery.



## Improve cardiac health and lower blood pressure

Jacuzzi® infrared saunas are a great remedy to ease muscle and joint fatigue to muscles after exercise or a long day at work. The penetrating heat helps to ease joint pain, while reducing inflammation and stiffness.



## Detoxify

The unique action of "resonant frequency" causes a vibration in the cells of the body in reaction to specific infrared wavelengths helping to mobilize toxicants in the body so they can be removed through sweating or then processed in the liver and excreted through the organs of elimination. Infrared saunas help to rid the body of harmful metals such as lead, mercury, nickel, and cadmium as well as alcohol, nicotine, sulfuric acid, and other organic and inorganic compounds.



## Improves the immune system

During an infrared sauna session, your core body temperature will rise a degree or two which creates a false fever. This fever activates and boosts the body's natural immune response. An enhanced immune system will work to prevent disease such as colds, flus, and even other more serious diseases from developing. Prevention is always more powerful than trying to cure a disease process once it has started.



## Increase metabolism, burn calories and lose weight

Taking a sauna increases your heart rate to a level normally found when working out. Increasing cardio performance also burns calories and increases metabolism. Studies have shown good outcomes for weight loss for people who use a sauna regularly compared to control groups that did not. Infrared saunas have also been shown to be an effective way of reducing cellulite.

# VIRTUALLY ZERO EMF

Electromagnetic Fields (EMF) are harmful energy waves that are measured in milligauss. Electrical Fields (ELF) are the electric fields with frequencies measured in volts/meter. Jacuzzi® infrared sauna models cancel out both EMF and ELF. Our low EMF levels have been individually tested and certified by a third party testing authority; VitaTech Electromagnetics who has shown that our saunas are safe. The EMF levels emitted by a Jacuzzi® Infrared Sauna are far below the threshold of concern.

The levels of electromagnetic fields (EMF) from human-made sources have increased steadily over the past 50 to 100 years. In fact, over the past few decades, potential adverse effects from EMF exposure on human health have been an important topic of research. EMFs are everywhere; from power lines, radar and microwave towers, television and computer screens, microwave ovens, mobile phones, electric blankets and hundreds of other common electrical devices.



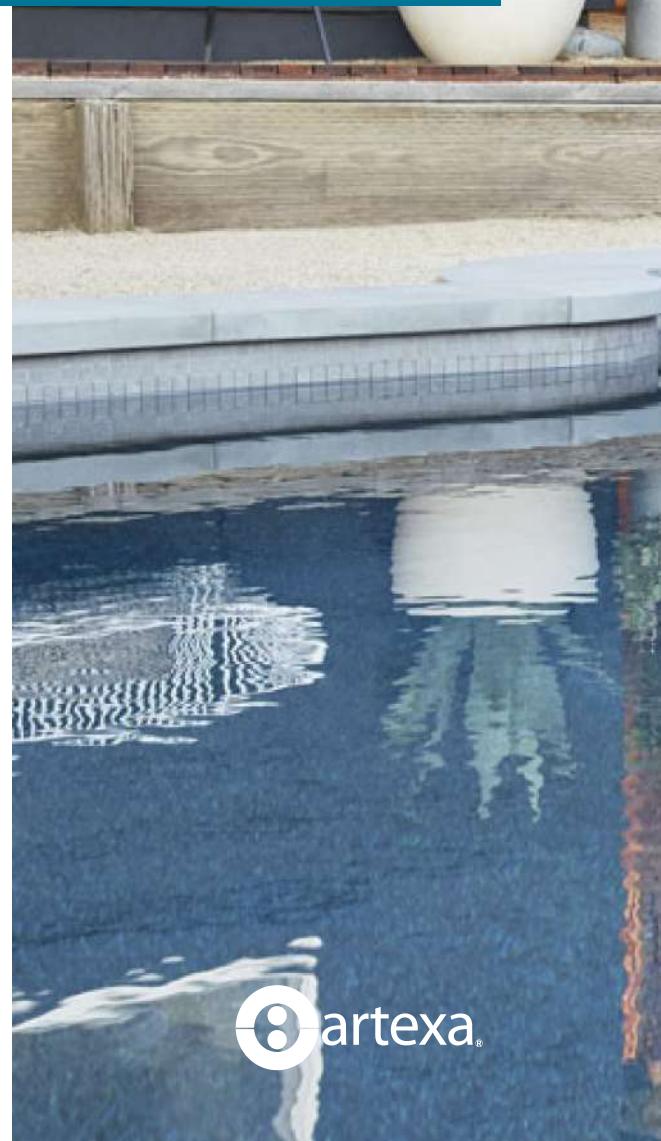
## SOME HEALTH EFFECTS LINKED WITH EMF ARE:

- Memory Loss
- Depression
- Loss of Energy
- Irritability
- Inability To Concentrate
- Weakened Immune System
- Chronic Fatigue
- Headaches



# OUR INFRARED SAUNAS

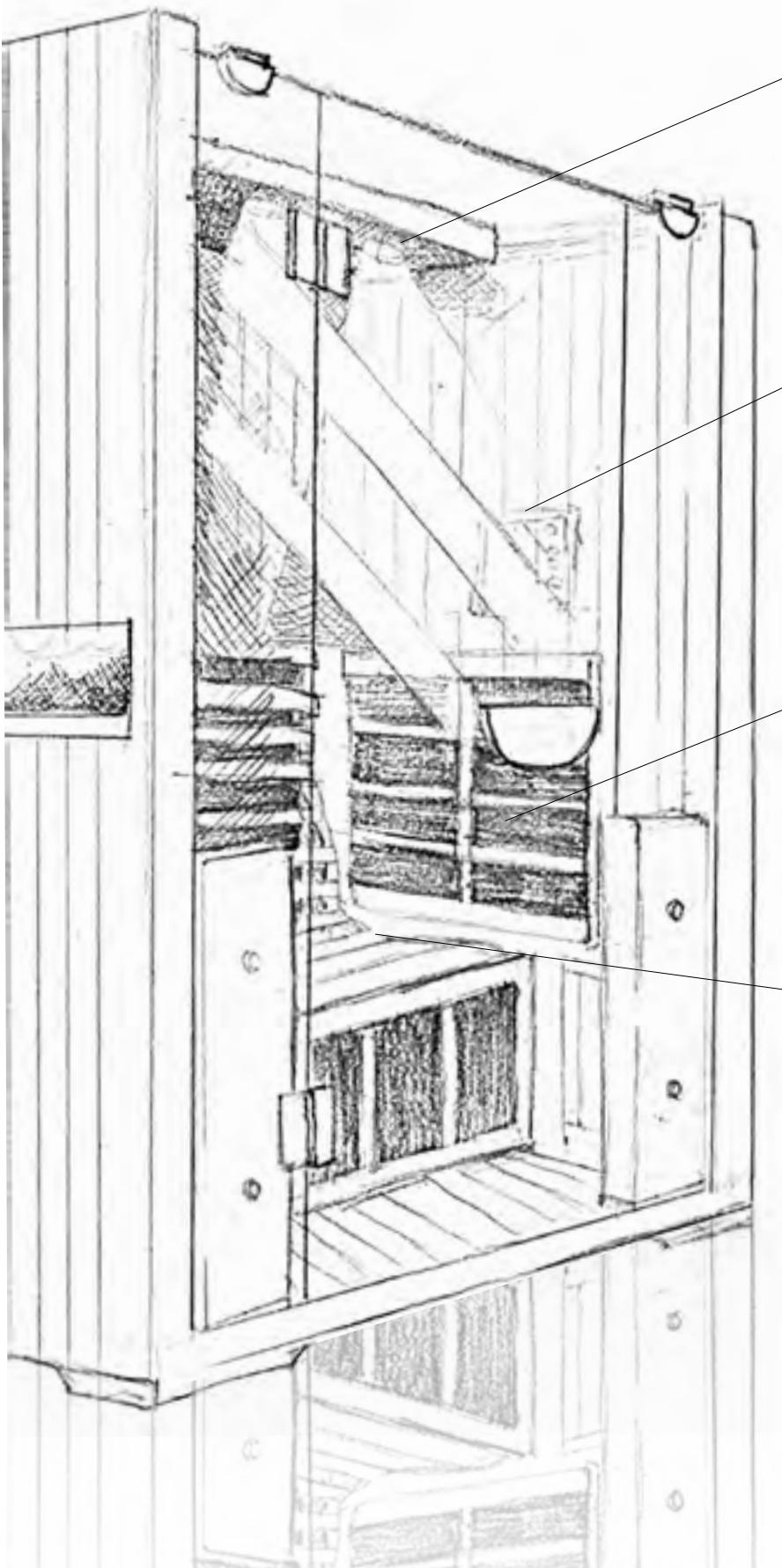
Our goal has always been to provide customers with the safest and most effective infrared saunas on the market. We continue to be the market leader, striving to manufacture saunas with the highest quality standards.



At Clearlight Infrared™ - makers of Jacuzzi® saunas, our aim is to help you reach your health and wellness goals. Our saunas have been developed using the latest scientific developments to ensure that you receive the optimum infrared experience.

# FULLY EQUIPPED

Jacuzzi® infrared saunas are designed with your wellbeing in mind to meet your every need



## DESIGN

- Innovative luxurious design
- Ergonomically designed for your comfort highest levels of form and functionality
- Eco-certified, Grade "A" clear Cedarwood or Basswood
- Furniture quality finished

## TECHNOLOGICAL APPLIANCES

- Never Fail® digital control system
- Chromotherapy
- Reading lights
- Connect to built-in stereo speakers with Bluetooth or AUX
- ETL and RoHS Certified for safety

## HEATERS

- Fitted with our proprietary True Wave™ carbon/ceramic far infrared and full spectrum heaters
- High output of infrared emitters
- Unmatched low EMF/ELF technology

## COMFORT

- Medically designed ergonomic bench and backrest
- 360° heat to surround your core
- Remote control via app\*





# SANCTUARY

The first true Full Spectrum infrared sauna where luxury meets sophisticated design and hi-tech infrared technology.

SANCTUARY I  
SANCTUARY 2  
SANCTUARY 3  
SANCTUARY C



CEDAR



BASSWOOD

Our Sanctuary Full Spectrum infrared saunas couple innovation with our iconic glass design giving a spacious and open feeling. Along with our high output far infrared heaters our powerful full spectrum heaters emit healing near, mid and far infrared heat to relax, renew and invigorate.

## SANCTUARY I



109 x 122 x 196 cm\*

120 V / 1,750 W / 14.6 A

Cedar or Basswood

193 kg

360° heat

Bluetooth / AUX\*\*

Medical grade 96 LED lights  
chromotherapy

iOS/Android app control\*\*



CEDAR



BASSWOOD



Choose the best place for your  
infrared sauna:

Our sauna cabins are designed  
to fit anywhere; in an extra  
bedroom, bathroom, base-  
ment or in a common area. A  
Jacuzzi® sauna will turn your  
home into a healing sanctuary.



\*Outer dimensions WxDxH, bench: 97 cm x 56 cm; \*\*can be deactivated

## SANCTUARY 2



- 2
- 132 x 122 x 196 cm\*
- 120 V / 2,250 W / 14.6 A
- Cedar or Basswood
- 204 kg
- 360° heat
- Bluetooth / AUX\*\*
- Medical grade 96 LED lights chromotherapy
- iOS/Android app control\*\*
- CEDAR
- BASSWOOD



### Comfort is built-in:

Our Sanctuary saunas are equipped with integrated ergonomic backrests and reversible ergonomic/flat benches.



\*Outer dimensions WxDxH, bench: 119 cm x 56 cm; \*\*can be deactivated

## SANCTUARY 3

3



180 x 122 x 196 cm\*



220 - 240 V / 2,800 W / 12 A



Cedar or Basswood



263 kg



360° heat



Bluetooth / AUX\*\*



Medical grade 96 LED lights  
chromotherapy



iOS/Android app control\*\*



CEDAR



BASSWOOD



### Timed to perfection:

With our smartphone app, you can control your sauna remotely from anywhere, so it is ready when you are.



\*Outer dimensions WxDxH, bench: 168 cm x 56 cm; \*\*can be deactivated

## SANCTUARY C



- 3 - 4
- 180 x 97 + 119 x 196 cm\*
- 220 - 240 V / 3,220 W / 13.5 A
- Cedar or Basswood
- 290 kg
- 360° heat
- Bluetooth / AUX\*\*
- Medical grade 96 LED lights chromotherapy
- iOS/Android app control\*\*



CEDAR



BASSWOOD



\*Outer dimensions WxDxH, bench (2): 168 cm x 56 cm; \*\*can be deactivated

## SANCTUARY RETREAT

1 - 4



193 x 386 x 77.15 cm\*



240 V / 3610W / 15.1 A



Cedar or Basswood



353.8 kg



360° heat



Bluetooth / AUX\*\*



Medical grade 96 LED lights  
chromotherapy



iOS/Android app control\*\*



CEDAR



BASSWOOD



Get more from your infrared sauna:

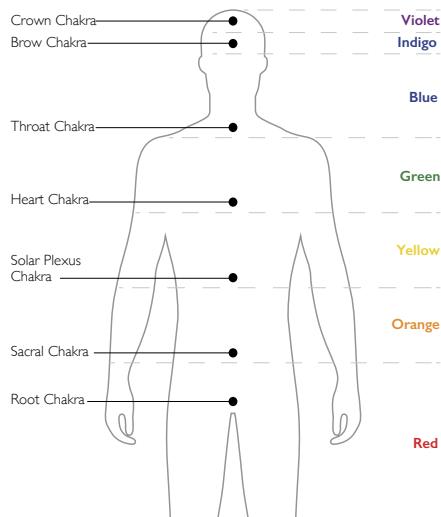
The Sanctuary Retreat offers the same features of the Sanctuary Y. Yet it is taller, handicap accessible and ADA compliant in the U.S. It comes with a convenient control panel at bench level, along with a wheelchair ramp for easy entry. The Retreat lives up to its name as the perfect infrared sauna healing space as it is easily customizable with removable benches providing maximum flexibility and freedom of movement. Think of it as the optimum space for relaxing, stretching, practicing yoga or simply unwinding.



\*Outer dimensions WxDxH, bench (2): 89 cm x 56 cm; \*\*can be deactivated

# CHROMOTHERAPY

## HEALING COLORS



**VIOLET** energy connects us to our spiritual self, bringing guidance, wisdom, inner strength and enhances creativity. It is an excellent remedy for neurosis, diseases of the scalp, sciatica, tumors, rheumatism, cerebral meningitis, concussion, cramps and epilepsy.

**BLUE** can be used for any types of ailments associated with speech, communication, or the throat. Blue has a pacifying effect on the nervous system encouraging great relaxation. It is ideal for sleep problems. Blue light connects us to holistic thought, and gives us wisdom and clarity enhancing communication and speech.

**GREEN** has an energizing, moderating soothing effect, which can help heal heart issues, blood pressure stabilization, ulcers, cancer, headaches, nervous disorders and influenza. Green is a universal healing color as it contains both a balanced physical and spiritual nature.

**YELLOW** Providing clarity of thought, increasing awareness, stimulating interest and curiosity, yellow energy connects us to our mental self. It helps with nerve-related conditions or ailments. Yellow can also be used for conditions of the stomach, liver and intestines, as well as help repair scar tissue.

**ORANGE** is the best emotional stimulant to strengthen your appetite for life. Orange aids in repairing inflammation of the kidneys, gallstones, menstrual cramps, epilepsy, wet cough and all sinus conditions. As a blend of red and yellow, it combines physical energy with mental wisdom, including a transformation between low physical reaction and higher mental response.

**RED** is called "The Great Energizer" as it promotes cellular growth, stimulating the circulatory system. It helps with colds, sluggish or dormant conditions, such as pneumonia, arthritis, anemia, and as a liver stimulant. Red links with the base of the spine causing the release adrenalin.

## ATTENTION TO DETAIL



1. App Control (Sanctuary): control your sauna remotely from anywhere
2. Medical grade chromotherapy
3. Indirect reading light (Premier)
4. Door handle integrated tablet holder
5. High-quality music system
6. Aesthetically integrated design elements and lighting accents (Sanctuary)
7. Highly effective full spectrum infrared heaters
8. Innovative reversible ergonomic flat bench (Premier and Sanctuary)

# ENGINEERED TO BE BETTER

Given today's advancements in manufacturing, smaller amounts of material evenly distributed can yield stronger structures through smarter design

Jacuzzi® saunas are made with superior craftsmanship and look great too! Made from the finest Western Red Canadian Cedar or Basswood, your Jacuzzi® sauna is furniture quality finished and will enhance the look of any room.

Every Jacuzzi® sauna is hand sanded and the wood panels are color matched. From the wood press in our factory through the final stages of packaging, Jacuzzi® saunas are beautifully crafted and built to last.

We start with the highest-grade materials, and adhere to the highest standards of design, manufacturing and assembly. We have designed and built our saunas to be free of any harmful VOCs (Volatile Organic Compounds.) To verify this, we regularly utilize third party labs to perform rigorous VOC testing.

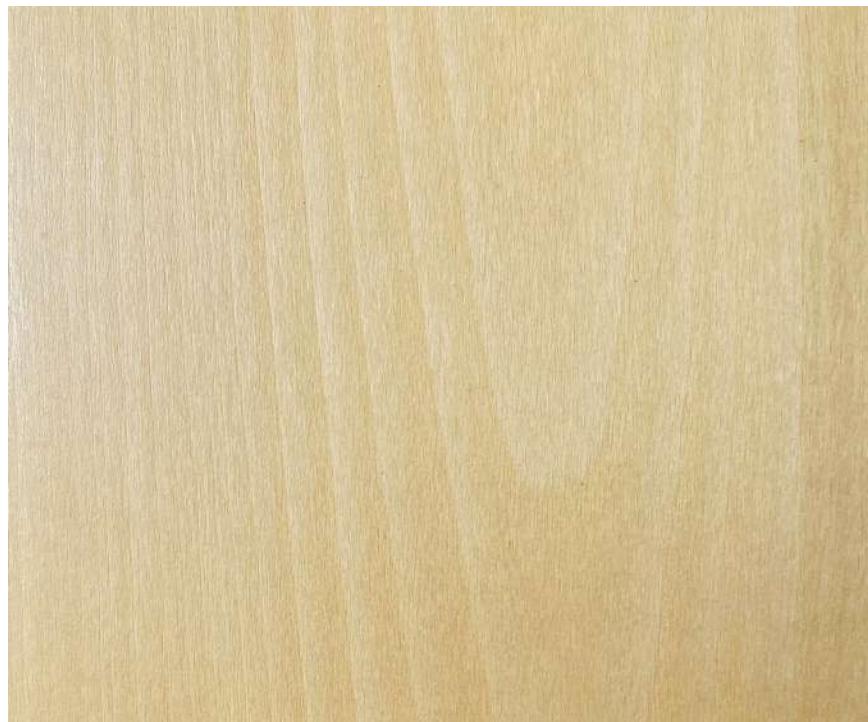


# WOOD



## CEDAR

Western Red Canadian Cedar has long been the traditional wood for making saunas. Western Red Cedar is naturally anti-bacterial and anti-fungal so it's well suited for the hot and sweaty sauna environment. The wood is soft and easy to sand to bring back the fresh cedar smell and look on the inside. The colors range from a light reddish tan to almost a dark brown.



## BASSWOOD

Basswood has a tight, straight grain. It is very light, nearly white in color with random darker areas. A sauna built from basswood has a clean, bright appearance. It is a good choice for people who are chemically sensitive as it is a hypoallergenic wood.

# OUR SAFETY GUARANTEE

All Jacuzzi® brand saunas are rigorously tested and ETL and RoHS certified for safety and environmental compliance

## ECO CERTIFIED WOOD

All the woods we use are ecologically certified to be grown sustainably. A philosophy for healthy living must also extend beyond the body. Trees that are sustainably grown have specific criteria for harvesting, tree selection and planting new trees. Keeping our forests, streams and lands healthy assures that there will be trees for future generations. As a company we are here to promote good health for everyone and to look out for future generations.



## ETL AND ETL-C SAFETY CERTIFIED

Electrical Testing Laboratories (ETL) has certified products for more than 100 years and is one of the oldest product safety testing laboratories in the world. Certification by ETL and ETL-C assures you that all Jacuzzi® sauna models have been tested to meet both US and Canadian safety and performance standards. We safety certify the entire sauna to ensure a lifetime of safe use.



## CE SAFETY CERTIFIED

The CE safety certification is a standard for the European Union (EU) and a CE mark is a requirement for products sold in Europe. The CE mark identifies a product as complying with the health and safety requirements spelled out in European legislation and is mandatory for equipment operating in the EU.



## ROHS CERTIFIED

Our compliance with RoHS, (Restriction of Hazardous Substances) is verified to RoHS standards.



## SAA CERTIFIED

SAA Approvals is accredited by the Joint Accreditation Service of Australia and New Zealand (JAS-ANZ) as a third-party certification body to issue Certificates of Approval for declared and non-declared electrical equipment that has proven to comply with the safety requirements of the applicable Australian and New Zealand Standard.



## NO-VOC CERTIFIED

We have designed and built our saunas to be free of any harmful VOCs (Volatile Organic Compounds.) To verify this, we regularly utilize third party labs to perform rigorous VOC testing. Air samples are first tested in a clean room. The sauna is then set up and a second round of samples are taken inside the sauna with it cold. Next the sauna is programmed to heat up and run at maximum temperature for over two hours at which time another series of air samples are taken inside the sauna. All results are then compiled, compared and recorded. This way we know that no VOCs will be present during your sauna session.

VOC's

## MSDS CERTIFIED

The Material Safety Data Sheet (MSDS) confirms the ingredients used in our varnishes, glues and wood sealers contain no toxic or hazardous materials.

MSDS

## JACUZZI® SAUNA QUALITY FEATURES

- Safe infrared therapy
- Tongue and groove cedar or spruce wood inside and out
- Water-based, non-toxic glues
- Tempered safety glass
- Lifetime warranty on all sauna components

# COMMITTED TO HEALING INNOVATION



Lifetime warranty



Virtually no EMF



Full spectrum  
infrared heaters



Innovative design



Unique hybrid  
carbon/ceramic heaters



Eco-certified,  
sustainable wood



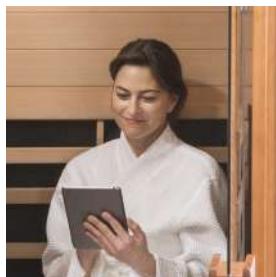
## We ensure safe delivery

We deliver to most major metropolitan areas in America, Australia, Canada, China, Europe, Malaysia, New Zealand and other countries on a case by case basis.\*

\*Note: shipping may have special freight restrictions or requirements.



JOIN THE INFRARED WELLNESS REVOLUTION





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